

This Quick Reference Guide is not intended to replace your vehicle Owner's Guide which contains more detailed information concerning the features of your vehicle, as well as important safety warnings designed to help reduce the risk of injury to you and your passengers. Please read your entire Owner's Guide carefully as you begin learning about your new vehicle and refer to the appropriate sections when questions arise.

All information contained in this Quick Reference Guide was accurate at the time of duplication. We reserve the right to change features, operation and/or functionality of any vehicle specification at any time. Your Ford dealer is the best source for the most current information. For detailed operating and safety information, please refer to your Owner's Guide.

Ford Motor Company  
Customer Relationship Center  
P.O. Box 6248  
Dearborn, MI 48121  
1-800-392-3673 (FORD)  
(TDD for the hearing impaired: 1-800-232-5952)



AL2J 19G217 AA

May 2009  
First Printing  
Quick Reference Guide  
Explorer  
Litho in U.S.A.

## Essential Information

**Location of Spare Tire:** If you get a flat tire while driving, do not apply the brake heavily. Instead, gradually decrease your speed. Hold the steering wheel firmly and slowly move to a safe place on the side of the road. Your vehicle is equipped with a temporary spare tire located under the vehicle, just forward of the rear bumper. The temporary spare is designed for emergency use only and should be replaced as soon as possible. The jack and tools are located under the carpeted floor panel in the rear cargo area. For complete details on how to change your tire, refer to the *Roadside Emergencies* chapter in your Owner's Guide.

**Fuel Type and Tank Capacity:** Your fuel tank capacity is 22.5 gallons (85.2L). Your vehicle is designed to use "Regular" unleaded gasoline with an octane rating of 87. Do not use gasoline labeled as "Regular" in high altitude areas that are sold with octane ratings less than 87. Do not use E85 fuels, because your vehicle was not designed to run on fuels with more than 10% ethanol.

**Tire Pressure:** Your tire pressure is properly set at the dealership according to the recommended specifications found on the Safety Compliance Certification Label or Tire Label located on the B-Pillar or the edge of the driver's door. Check your tire pressure at least once a month and before long trips (including spare). As an added safety feature, your vehicle may be equipped with a **Tire Pressure Monitoring System (TPMS)** that illuminates a low tire pressure warning light  when one or more of your tires is significantly under-inflated. Improperly inflated tires can affect vehicle handling and can fail suddenly, possibly resulting in loss of vehicle control. Refer to the Tires, Wheels and Loading chapter in your Owner's Guide for more information.

**Fuel Pump Shut-Off Switch:** The fuel pump shut-off switch is a device intended to stop the electric fuel pump when your vehicle has been involved in a substantial jolt. The switch is located in the passenger's footwell, by the kick panel. After a collision, if the engine cranks but does not start, the fuel pump shut-off switch may have been activated. For more information regarding the fuel pump shut-off switch, refer to the *Roadside Emergencies* chapter of your Owner's Guide.

**Easy Fuel™ 'no cap' Fuel System:** Your vehicle has a 'no cap' fuel system which allows you to simply open the fuel filler door, insert the nozzle and start fueling. Ensure that you wait about five seconds before pulling out the nozzle in order to allow any residual fuel to drain into the tank. The Easy Fuel™ System is self-sealing and therefore protected against dust, dirt, water, snow and ice. If you need to fill your fuel tank with a portable fuel container, use the fuel funnel which is either attached to the underside of the spare tire cover or with the tire changing tools. Slowly insert the funnel into the Easy Fuel™ system and fill the tank with fuel from the container. When done, clean the funnel or properly dispose of it. Extra funnels can be purchased from your authorized dealer. **Do not** use aftermarket funnels as they will not work with the Easy Fuel™ system and may cause damage.

**Roadside Assistance:** Your new Ford Explorer comes with the assurance and support of 24-hour emergency roadside assistance. Roadside assistance includes such services as: lockout assistance, limited fuel delivery, battery jump starts, changing a flat tire, towing, and winch out. To receive roadside assistance in the United States, call 1 (800) 241-3673. In Canada, call 1 (800) 665-2006.

**SOS Post-Crash Alert System™:** Your vehicle is equipped with the SOS Post-Crash Alert System™. This system provides audible and visual alarms in the event of a crash which causes the deployment of airbags or the activation of the safety belt pretensioners. The turn signals will flash and the horn will sound. To deactivate the system, press the hazard flasher control, or you can press  on your remote transmitter.



**A. ▲ (Eject):** Press and hold to auto eject all CDs present in the system. Press ▲ and a memory preset to eject from a specific slot.

**B. LOAD:** Press LOAD and a memory preset to load to a specific slot. Press and hold to autoloop up to six CDs.

**C. ▲ / ▼ (Tune/Disc Selector):** Press and release to manually advance up/down the radio frequency or to select a desired disc. Press and hold for a fast advance through radio frequencies.

**D. CD:** Press to enter CD/MP3 mode. If a CD/MP3 is already loaded into the system, CD play will begin where it ended last. If no CD is loaded, NO DISC will appear in the display.

**E.  (Phone):** If your vehicle is equipped with SYNC®, press to access SYNC® PHONE features. For more information, please refer to the *SYNC® supplement*. If your vehicle is not equipped with SYNC®, the display will read NO PHONE.

### SATELLITE RADIO CONTROLS:

**F. AUX:** Press repeatedly to cycle through SAT1, SAT2, SAT3 (satellite radio mode, if

equipped), SYNC® (if equipped), LINE IN (auxiliary audio mode), or FES/DVD (if equipped).

Your vehicle may be equipped with satellite radio. SIRIUS® satellite radio is a subscription based satellite radio service that broadcasts music, sports, news and entertainment programming. For more information and a complete list of SIRIUS® satellite radio channels, visit [www.sirius.com](http://www.sirius.com) in the United States, [www.sirius-canada.ca](http://www.sirius-canada.ca) in Canada, or call SIRIUS at 1-888-539-7474.

**G. MENU:** Press when satellite radio (if equipped) is active to access SATELLITE RADIO MENU. Press OK and then ▲ / ▼ to cycle through options of: Category, Save Song, Delete Song, Delete all songs, and Enable/Disable alerts. For more information on these and other menu features, refer to your Owner's Guide.

**H. SEEK:** Press to access the previous ◀ or the next ▶ strong radio station, satellite radio channel (if equipped) or CD track.

**I. TEXT/SCAN:** Press and hold for a brief sampling of radio

stations, CD tracks, or satellite radio channels (if equipped). Press again to stop. In CD/MP3 mode, press to display track title, artist name and disc title.

**J. REW (Rewind):** Press to manually reverse in a CD or MP3 track.

**K. FF (Fast Forward):** Press to manually advance in a CD or MP3 track.

**L. FOLDER:** In folder mode, press to access the previous ◀ or next ▶ folder on MP3 discs, if available.

**M. SHUFFLE:** Press to play the tracks on the current disc in random order.

**N. ▶ / II (PLAY/PAUSE):** Press in CD or FES (DVD) mode (if equipped) to play or pause the current CD/DVD.

**OK** - Your vehicle may be equipped with special phone and media features. Refer to the *SYNC® supplement* (if equipped) for more information.

**O. Memory Presets:** To set a station, select frequency band AM/FM1/FM2, tune to a station, press and hold a preset button (1-6) until sound returns.

## Additional Features

### Remote Entry System and Features

The remote entry system allows you to lock or unlock all vehicle doors and liftgate, open the liftgate window without a key and activate the panic alarm.

- Press  once to lock all doors and the liftgate. Press again within three seconds to confirm all doors are closed and locked.

- Press  once to unlock the driver's door. Press again within three seconds to unlock all doors.

- Press  to activate the panic alarm. Press again or turn the ignition on to deactivate.

- Press  to unlatch the liftgate window.

- Car finder: Press  twice within three seconds to locate your vehicle. The horn will chirp and the turn lamps will flash.



### Universal Garage Door Opener (if equipped)

Your vehicle may be equipped with either the HomeLink® or Car2U® system which provides a way to replace hand held transmitters with a single built in device. The systems work to learn the frequency codes that operate garage doors and some devices within the home. For more information, refer to the Driver Controls chapter in your Owner's Guide.

### USB Port (if equipped)

Your vehicle may be equipped with a USB port inside your center console. This feature allows you to plug in your media playing devices among other options. For more detailed information, please refer to the SYNC® supplement or the SYNC® section of the Navigation Supplement.



### Auxiliary Input Jack

Your vehicle is equipped with an Auxiliary Input Jack located inside the console bin. This allows you to plug and play auxiliary audio devices. Press AUX repeatedly on your audio system to access. When LINE IN appears in the display, plug in your auxiliary audio device. For more detailed information, please refer to your Owner's Guide.

### Power Deployable Running Boards (if equipped)

The deployable running boards automatically move when the doors are opened to assist with entering and exiting the vehicle. With automatic power deploy, the running boards will extend down when the doors are opened, and with automatic power stow, the running boards will return to the stowed position when the doors are closed. To enable/disable the power running board feature, refer to the Message Center section of your Owner's Guide.

### Family Entertainment System (FES) (if equipped)

Your vehicle may be equipped with a Family Entertainment System (Rear seat DVD player with wireless headphones and remote control). Refer to the Owner's Guide for further information on the operation of your system.

## Seating

### 2nd Row Seats:

The second row seats are designed for maximum utility. They can be positioned in up to three unique configurations: Upright (seating) position, Cargo mode, and E-Z entry mode (if equipped with 3rd row seat).

### Folding down the 2nd row 60/40 seats or bucket seats (if equipped):

Before folding down the 2nd row seats, ensure that no objects such as books, purses, or briefcases are on the floor in front of or under the seat.

**1.** Lower the head restraints by pulling on the strap. **2.** Locate the recline handle on the side of the seat cushion by the door. **3.** Pull up on the handle and push the seatback forward toward the front of the vehicle.

### To place the 2nd row 60/40 seats in cargo mode:

(if equipped with a 3rd row seat) **1.** Fold down the 2nd row seat as indicated. **2.** Lift the cargo mode lever located on the back of the seatback to kneel the seat down and get a flat loading floor. A moderate force may be required to move the seat forward and down.

force may be required to move the seat forward and down.

### To return to the upright (seating) position from cargo mode:

**1.** Push the seat rearward until the latch is engaged. (A moderate force may be required to move the seat). **2.** Return the seatback to the upright position.

**Note:** The seatback cannot be returned to the upright position until the seat is returned from the cargo mode position and latched. If the seatback will not raise, reposition the seat into cargo mode and try lifting it again.

### To enter the 3rd row seat:

(if equipped) **1.** Fold the seatback down (as indicated) and release the side handle. **2.** Pull the side handle up again until the rear of the seat releases from the floor. **3.** Rotate the seat upward and away from the 3rd row.

### To return the 2nd row seat to the upright (seating) position from E-Z entry mode:

**1.** Return the seat from the E-Z entry position and latch it to the floor with a moderate speed. **2.** Bring the seatback to an upright position. **Note:** If the seatback will not return to the upright position, tumble the seat forward again and then re-latch it to the floor. Be sure that cargo or other objects are not trapped underneath the seatback.

### 3rd Row Seats: (if equipped)

Before folding the 3rd row seats, ensure that no objects such as books, purses or briefcases are on the seat cushions and that the seat belts are unbuckled. **1.** Fold the head restraints down by pulling on the strap located under the restraint. **2.** Pull



up on the handle located behind the seatback while pushing the

seatback forward and down into the seat cushion. **Note:** For 3rd row power folding seat (if equipped), the control buttons are located on the driver-side rear quarter trim panel (accessible from the liftgate area). Be sure to fold the head restraints before powering the 3rd row seat into the folded position.

### To return the 3rd row seats to the upright (seating) position:

**1.** Pull up on the handle located on the seatback, rotating the seatback upward until you hear a click, locking it in the upright position. **2.** Lift up on the head restraint until it locks into its original position.



2010 EXPLORER  
QUICK REFERENCE GUIDE



2010 EXPLORER  
INSTRUMENT PANEL

Use extreme caution when using any device or feature that may take your attention off the road. Your primary responsibility is the safe operation of the vehicle. Only use non-essential features and devices when it is safe to do so.

### 1. Headlamp Control

O: Turns the headlamps off.

⏏: Turns on parking, instrument panel, license plate and tail lamps.

⏏: Turns on headlamps.

⏏: Autolamps (if equipped) Automatically turns the exterior lamps on/off based on available daylight.

⏏: Turns on fog lamps by pulling the control towards you.

**Panel dimmer control**  
Move to adjust the level of brightness on the instrument panel when the exterior

lights are on. Move to the full right position to turn on the interior lamps. Move to the left position to turn off the lights.

**2. Parking Brake Release**  
Pull the lever to release the parking brake. Driving with the parking brake engaged will cause the brakes to wear out prematurely and reduce fuel economy.

**3. Multi-function Lever**  
Rotate the end of the control up/down to increase/decrease the speed of the wipers. Push the end of the stalk:  

- quickly for a single swipe without fluid.

- and hold briefly for three swipes with washer fluid.

- and hold for a longer wash cycle.

To operate your rear window wiper, turn the rear wiper control to 1 (intermittent speed), 2 (normal speed) or O (off). For a rear wash cycle, rotate and hold the rear wiper control to either position.

For better visibility, your headlamps will turn on (during daylight) if your windshield wipers and autolamps (if equipped) are on. **Note:** For optimal wiper performance, clean your blades and glass regularly. Refer to your Owner's Guide for more information.

**4. Speed Control**  
To set the speed:  
1. Press ON.  
2. Accelerate to the desired speed.

3. Press SET + or and take your foot off the accelerator.  

- To set a higher speed, press and hold SET + or press SET + repeatedly until the desired speed is reached.
- To set a lower speed, press and hold SET - or press

SET - repeatedly until the desired speed is reached.

- To return to a previously set speed, press RES.
- To turn off, press the brake pedal or press OFF.

**5. Airbag Readiness Light**  
Illuminates briefly when the ignition is turned on. If this light fails to illuminate, remains on or continues to flash after the engine is started, contact your authorized dealer for service as soon as possible. A chime will also sound if there is a malfunction in the indicator light.

**6. Service Engine Soon Light**  
The Service Engine soon light illuminates briefly when the ignition is turned on. If it remains on or is blinking after the engine is started, the On Board Diagnostics System (OBD-II) has detected a malfunction. Drive in a moderate fashion and have your vehicle serviced immediately by an authorized dealer.

**7. Hazard Flasher Control**  
The hazard flasher is located on the steering column, just behind the steering wheel. Press to activate all front and rear direction signals. Press again to deactivate.

**8. Message Center** (if equipped)  
The message center displays important vehicle information through a constant monitoring of vehicle systems. The system will also notify you of potential vehicle problems with a display of system warnings followed by a long indicator chime.

**9. Low Tire Pressure Warning light**  
Illuminates when your tire pressure is low. If the light remains on, the tire pressure should be checked. If the light does not turn on at ignition or begins to flash, contact your authorized dealer as soon as possible.

**10. ABS Warning Light**  
The ABS light illuminates briefly when the ignition is turned on. If the ABS light remains on or continues to flash, a malfunction has been detected. Contact your authorized dealer as soon as possible. Normal braking (less ABS) is still functional unless the brake warning light is also illuminated.

**11. Steering Wheel Controls**  
VOL +/- : Press to increase/decrease volume levels.

⏏: Press to access the previous/ next radio station, CD track or preset satellite radio channel.

MEDIA: Press repeatedly to access all possible media sources.

VOICE: Press to access voice recognition, if equipped.

☎: Press to access SYNC® phone features, if equipped.

**12. Navigation System** (if equipped)  
The mobile media navigation system allows you to record CDs, list to your saved music and play DVDs in addition to navigating the vehicle. For more information, refer to your Navigation supplement (if equipped).

**13. Power Adjustable Pedals** (if equipped)  
Press the bottom of the control ▼ to move the pedals closer to you or the top of the control ▲ to move the pedals further away from you.

The pedals should only be adjusted when the vehicle is stopped and in Park (P).

**14. AdvanceTrac® with Roll Stability Control™ (RSC®)**  
The AdvanceTrac® stability system helps you to maintain stability and steerability of your vehicle during a variety of road conditions. If your vehicle becomes stuck in the snow, mud or sand, try

turning off the AdvanceTrac® system to allow wheel spin and help increase momentum to dig the vehicle out. The system defaults to on and the control will illuminate when turned off.

**15. Overdrive Control**  
Drive with the vehicle in Overdrive (D) for the best fuel economy. You can deactivate overdrive by pressing

the transmission control switch on the side of the shift handle. Use this during heavy city traffic where you are continuously shifting in and out of overdrive, hilly terrain, heavy loads, trailer towing and when engine braking is required. To return to overdrive, simply press the transmission control switch again.

**16. Heated Seats** (if equipped)  
Your vehicle may be equipped with heated seats. Press to activate/deactivate.

**17. Four-Wheel Drive (4WD, if equipped)**  
When 4X4 AUTO is selected, power is automatically provided to all four wheels. It is used for normal street and highway driving. 4X4 HIGH is used for extra traction in slippery conditions, such as in snow, on icy roads, or in off-road situations. It should not be operated on dry pavement. 4X4 LOW can be selected to provide extra gearing to deliver maximum power to all four wheels. It is intended only for off-road applications such as deep sand, steep grades or pulling heavy objects.

**SYNC®** (if equipped)  
SYNC® is a hands-free communications and entertainment system with special phone and media features. For more information, please refer to the SYNC® Supplement or to the SYNC® section in the Navigation Supplement. Please also feel free to visit [www.SyncMyRide.com](http://www.SyncMyRide.com).

**All Wheel Drive (AWD)** (if equipped)  
The AWD system is always active and uses all four wheels to power the vehicle, thereby increasing traction and

enabling you to drive over terrain and road conditions that a conventional two-wheel drive vehicle cannot. The system is capable of handling many different road conditions, including street and highway driving as well as off-road conditions such as deep snow, ice or shallow sand. **Note:** If your vehicle is equipped with AWD, a spare tire of a different size (other than the tire provided) should never be used. Using a different size could cause the AWD system to stop functioning and default to front wheel drive. Refer to your Owner's Guide for more information.



2010 EXPLORER  
DUAL AUTOMATIC TEMPERATURE CONTROL (IF EQUIPPED)

**A. Driver/Passenger Side Temperature Control:** Press to increase ▲ or decrease ▼ the temperature on the driver or passenger side of the vehicle. Pressing the passenger side control will activate dual zone where the driver and passenger are able to select their own individual settings. If the passenger side controls are not activated, the driver side controls will determine the temperature setting for the entire vehicle (single zone).

**B. AUTO:** Press to engage full automatic operation. The system will automatically determine fan speed, airflow distribution, A/C on or off and either outside or recirculated air to heat or cool the vehicle to reach the desired temperature.

**C. Fan Speed:** Press to increase or decrease fan speed.

**D. OFF:** Outside air is shut out and the fan will not operate. **Note:** If your vehicle is equipped with the auxiliary climate control system, the auxiliary fan can still operate with the front system off.

**E. Manual Override Controls:** Press to manually determine where airflow is directed. To return to fully automatic control, press AUTO.

**F. Windshield Defroster** —: Outside air is distributed through the windshield defroster vents.

**G. DUAL:** Press to activate dual zone mode where the driver and passenger have control of their individual temperature settings. Press again to return to single zone where the driver's settings will determine the temperature for the entire vehicle.

**H. Rear Window Defroster** —: Press to clear the rear window of thin ice and fog. The defroster turns off automatically after ten minutes or when the ignition is turned off. To manually turn off the defroster before ten minutes have passed, press the control again.